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ANAGRAM GROUP

Executive Coaching

Take Charge of Your Career

What is Executive Coaching?

Executive Coaching is a result-oriented systematic process where the coach facilitates the enhancement of work performance.

It usually involves the use of an external, professionally-certified executive coach. Executive Coaching is for executives that are open to coaching, open to direct feedback, and willing to work on improving their performance in the workplace, it is a very effective process that can deliver a high ROI and meaningful change.
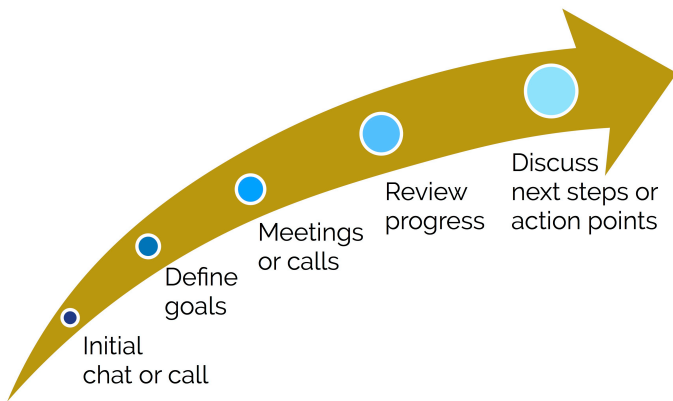
> " Executive Coaching is a very effective process that can deliver high ROI and meaningful change. "

Executive coaching can produce great results if you are looking to:

- Develop high potential employees

- Set and exceed challenging performance goals

- Improve your leadership skills

- Gain that promotion you've been seeking

- Seek an improvement in specific skills, such as communication, delegation, or emotional intelligence

- Transition into a new role

- Develop a succession plan

- Have an independent, unbiased sounding board

- Obtain clarity on how you're perceived as a leader

The Coaching Process

Initial
chat or call

Define
goals

Meetings
or calls

Review
progress

Discuss
next steps or
action points

Modes of Coaching

In-person Skype Phone

Duration of Coaching Engagements

Coaching is a process, rather than an hourly solution. Most coaching engagements last 3 to 6 months, these may be extended as new goals emerge.

The frequency of coaching depends on the agreed goals and your schedule. Usually, this will be weekly or fortnightly in the first month, and then move to fortnightly thereafter.

What does an Executive Coach do?

Through Skype/phone or in-person one-on-one sessions, an executive coach helps executives think through and tackle their own problems. Self-reliance and critical thinking is the goal.

Executive Coaching Rates

Executive Coaching rates usually start at S$2,800 for a 3-month engagement. Each session is 1 hour. The frequency and mode of coaching depends on your schedule, preferences and goals.

Complimentary

DISC Assessment is worth S$150 including online DISC Personality assessment, customised 16-page report and consultation

Confidentiality

All coaching conversations are kept strictly confidential. Previous clients include individuals in senior management to C-level, and we also conduct group coaching for corporates.

Coach Profile

- *Certified Executive Coach*
- *Professional Member of Asia Professional Speakers – Singapore*
- *Group Representative - British Chamber of Commerce Singapore, Entrepreneur & Small Business Committee*
- *Committee Member - Finance & Insurance Focus Group, Singapore Human Resources Institute (SHRI)*

Mark is a corporate trainer and a certified behavioural consultant, with over 15 years of international management and investment banking experience in the UK, Australia and Asia for Morgan Stanley, Schroders, Goldman Sachs, Abbey National and Salomon Brothers.

In these roles, he was a Global and Regional department director, and managed teams from Singapore, China, India and Japan.

Mark designs and delivers Anagram's soft-skills, leadership, management, and new graduate training courses for banks and MNCs in Asia.

He is also a leadership and executive coach for SME business leaders in Asia.

Mark has led large award-winning international teams across 3 continents. This exposure has allowed him to see first-hand what works and what doesn't in a multicultural workplace.

His experience leading rapid growth and extensive change gave him invaluable experience in building teams and increasing employee engagement. Mark's training methods are highly interactive and focus on strategies and personal goals that can be implemented in the workplace immediately, delivering instant return on investment.

Mark graduated from the University of Surrey with a Bachelor of Science in Business Economics and Computing. In his free time, he enjoys sailing, travelling and current affairs. He is also a Professional member of the prestigious Asia Professional Speakers – Singapore and the Singapore Human Resources Institute.

Read Mark's full profile here: https://www.anagram-group.com/leadership-trainer-singapore